

WEEKLY BULLETIN

July 28 - August 03

ANNOUNCEMENTS

WE NEED VOLUNTEERS! <<<

If you or someone you know is interested in volunteering with MMCC you can reach out at [here](#) or at 207 974-3247.

>>> QUESTIONS?

Questions about something on the Weekly Bulletin?
Feel free to reach out [here](#)!

UPDATES <<<

>>> STUDENT ATHLETE PHYSICALS

Is Your Child a Student Athlete this Upcoming School Year?

Children who play school sports need a physical (medical exam) to participate. St. Joseph WorkWell is offering \$25 physicals for students, M-F 8:00AM -4:00PM. Same day appointments are available. The appointments are brief, lasting about 15 minutes, and are located at 900 Broadway, Bangor. Call (207) 907-3010 for appointment scheduling and more information.

COMFORTABLY HOME PROGRAM <<<

Free Home Repairs and Accessibility Upgrades for Elderly/Disabled Homeowners

Comfortably Home is a free program offered by Old Town Housing Authority for homeowners who are elderly or have disabilities. The program provides free, small accessibility alterations and repairs to those in need. Eligible individuals must own their home or live in a home owned by a family member, and reside in the Bangor area and neighboring towns. Reach out to Old Town Housing Authority for more information at (207) 827-6151

EVENTS

>>> WEDNESDAY, JULY 31ST

Bangor Library Robot Run

3:00-4:00PM @ Bangor Public Library

Do you know a child who has interest in tech? Bangor Public Library is offering a coding workshop for grades 6-12, a fantastic opportunity to develop skills that are in high demand or prepare for an education path involving coding!

THURSDAY, AUGUST 1ST <<<

Work Skill Development Opportunity

8:00 AM - 4:00 PM @ General Insulation Co.
Brewer

Looking for a career change? Good with your hands? General insulation is offering a FREE spray foam insulation training and certification workshop, a great opportunity to step into the field. Lunch is provided, call (207) 991-5240 for more info and to register.

>>> FRIDAY, AUGUST 2ND

Pancoe Aquatic Center Anniversary

12:00 - 2:00pm @Pancoe Aquatic Center

The Pancoe pool celebrates it's 20 year anniversary with bounce houses and other attractions! Standard admission prices apply.

AUGUST 1ST - AUGUST 3RD <<<

Second and Final Weekend of the Bangor Fair

The Bangor State Fair's final weekend begins this Thursday and finishes this Friday. Visit for a day of rides, games, food and more! Pricing & events [here](#)